



# Tradition Times

Independent & Assisted Living

8500 Tessman Farm Road N.

Brooklyn Park, MN. 55445

Ph: 763-416-7740

**MAY 2017**



**Friday, May 5th** is Vet breakfast. Free for all Vets or \$5.00 8:00am-10:00am

**Friday, May 12th** is free breakfast for the spouse of a Veteran 7:30am-10:00am

**Sunday, May 14th** is Mother's Day. This meal will be served at 12:00pm. Guest meals cost \$14.50 and payment is due at reservation. Payments are nonrefundable, so you will want to have your exact count at time of reservation so you don't over pay. There will be a late meal delivery to those who are on a lunch plan around 4:00pm. If you are not on a lunch plan and would like a late meal delivery, please be sure to sign up.

**Friday, May 19th** is Hot Breakfast- 7:30am-10:00am

**Friday, May 19th** is Rib Night- 4:30pm-5:30pm

**Monday, May 29th** is Memorial Day. This meal will be served at 12:00pm. Guest meals cost \$14.50 and payment is due at reservation. Payments are nonrefundable, so you will want to have your exact count at time of reservation so you don't over pay. There will be a late meal delivery to those who are on a lunch plan around 4:00pm. If you are not on a lunch plan and would like a late meal delivery, please be sure to sign up.

## OLDER AMERICAN MONTH

Seniors are living longer, healthier, active lives. I know many of you enjoy texting, e-mailing and sending pictures on your phone. Others make your own cards, write letters and video chat on your computers. Some work or volunteer in your community. I've seen many of you in exercise class, in the exercise room or walking outside. Now is your time to "Show Off".

Grab a flower from the Front Desk and write something that you are currently doing that is helping you live a longer, healthier life. We will hang them up by the General Store so you can see what your friends are doing to stay active.



I'm 67 years old and I still enjoy  
Roller Skating. Phyllis A.



Fred and Jan Peterson	May 1st, 1965
Jon and Jasmine Soder	May 5th, 1969
Jerry and Mary Lou Gagnon	May 9th, 1953
Jerry and Betty Hart	May 10th, 1952
Bill and Abby Walden	May 27th, 1955
Earl and Glady's Larson	May 29th, 1954

We wish our friends good luck!

Doris Charlton

Duane Olson

Dick Kammerer

Norris and Carolyn Einertson



### Mother's Day

#### Tea Party



Friday, May 12th

2:00p.m

Community Room

We will have a variety of tea's, sandwiches and desserts to enjoy. Due to limited seating, please R.S.V.P with Christine by May 10th.

**A warm WELCOME HOME  
to our newest friends &  
neighbors at Tradition!**

# 254B	Nancy Michalski
#139B	Shirley Tallman
#212	Shirley Eddy
#312	Elaine Schaper
#334	Judy Anderson
#347	Betty and Eldina Lucht

**Podiatry Clinic**-The next clinic will be on Tuesday, June 6th starting at 9:00a.m. If you have seen them in the past, they will call to set up a time. If you are new and would like to see them, please see Sarah.

## **In Loving Memory**

We will deeply miss our dear friends:

**Virginia Gjerdahl**

**JoAnn Gruetzmacher**

**Joan Huston**

Blessed are those who mourn,  
For they shall be comforted.

Matthew 5:4

## ***Resident Spotlight***



**Shirley Wesala**

Shirley was born in Pine City, Minnesota, on August 9th, 1950. She grew up with her older sister Carol, her dad Pelmer (a full-blooded Norwegian) her mom Angeline (a full-blooded Bohemian). Shirley has always enjoyed art. Dancing was another of Shirley's favorite recreational activities. She and her sister would do the polka, the schottische, butterfly and other folk dances at the ballroom that their grandpa built in Beroun, Mn. They often danced to the accordion and harmonica music that their dad, aunt and uncle played. You should have heard her aunt yodel! Shirley and her sister Carol attended Pine City elementary school until the family moved to the farm. There they were schooled in a three room farm school. Shirley met her husband Laurice at a trade school in Minneapolis. They married in the fall of 1970 and their son, Pelmer Edward, was born the following year. Shirley and Laurice were married 22 years. Both he and their son have preceeded her in death. Getting married, having her son, and watching him grow up, were some of Shirley's happiest years. Shirley received GED in 1980, but missed her graduation ceremony because it was her first day on the job at Allianz Life, where she worked as a records technician for the next 23 years. She is an active member at Christian Life Center Church,

located in Golden Valley, Mn. Shirley was baptized in 1994. She loves to listen to Christian radio and cd's, and enjoys reading the bible. Shirley states, "I am grateful to be able to serve GOD and my sisters and brothers in the Lord." Shirley says she feels loved and cared for by her family. She and her sister keep in touch with each other. Shirley spends her free time drawing and painting intricate pictures using gel pens or markers, and enjoys giving away her finished artwork. She enjoys many friendships and loves giving hugs ,playing Wii bowling, word search puzzles, outings, art classes and taking pictures of different sunsets. Shirley has been living at Tradition since September 30, 2016 and says "she loves living here."

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Jennie Gray, RN Supervisor  
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**Emergency numbers**

**After Hours Home Care... 612-385-0693**  
**After Hours Maintenance... 612-499-3306**

**Patty, Tradition Hairstyles**  
**651-829-5289**

**Happy Feet Foot Care**  
**763-560-5136**



**We Wish You a  
Happy Birthday!!**

<b>Donna Jacobson</b>	<b>5/1</b>
<b>Toni Welliver</b>	<b>5/3</b>
<b>Clem Leo</b>	<b>5/6</b>
<b>Ardella Brecke</b>	<b>5/9</b>
<b>Bev Hanson</b>	<b>5/12</b>
<b>Sharon Truwe</b>	<b>5/15</b>
<b>Richard Brecke</b>	<b>5/15</b>
<b>Carla Eggmann</b>	<b>5/16</b>
<b>Martin Simpson</b>	<b>5/18</b>
<b>Sally Phelps</b>	<b>5/19</b>
<b>Mary Miller</b>	<b>5/20</b>
<b>Marion McAlpin</b>	<b>5/23</b>
<b>Karen Rynders</b>	<b>5/23</b>
<b>Irene Dallman</b>	<b>5/24</b>
<b>Jim Potter</b>	<b>5/25</b>
<b>Edna Ernst</b>	<b>5/25</b>
<b>Dennise Eidem</b>	<b>5/31</b>

**Join us for the Birthday Party on Friday,  
May 19th at 2:00 in the Community  
Room. We will be serving cake and ice  
cream.**