



Tradition Times

Independent & Assisted Living
8500 Tessman Farm Road N.
Brooklyn Park, MN. 55445

MAY 2018

Up-Coming Events



Cinco de Mayo Party in the Lobby
Saturday, May 5th at 2:00



Mother's Day Tea in the Community Room
Friday, May 11th at 1:30



Chocolate Chip Cookie Bake-Off
Tuesday, May 15th in the Lobby at 2:30



Free Root Beer Floats in the Lobby
Tuesday, May 22nd at 1:30-2:30



Hat Day Fun in the Lobby
Thursday, May 24th at 2:00



Wine, cheese and cracker social
Friday, May 25th at 2:00



Can you name that Resident or Staff?
Tuesday, May 29th at 2:00 in the Activity Parlor



Learn to speak Spanish in the Community Room
Thursday, May 31st at 2:00

RESIDENT SPOTLIGHT



Kersey Jackola

Kersey was born on October 26, 1943 in Minneapolis, MN. Her father, John Webster Jones, was an Efficiency Engineer for Sears. Her mother worked as a Secretary before she met her father. After they married she stayed home to raise her family. Kersey went to the University of Minnesota with the desire to become a Fashion Designer, but when she learned she would have to take French, she changed her major to education and became an Elementary school teacher. Kersey taught school full-time in Minneapolis for 3 years and she was a substitute teacher for 10 years in Minneapolis and Burnsville. Kersey was student teaching first grade, when a friend of hers told her he had a friend he would like her to meet. He described this young man as being 6'4 and rather good looking, so she decided to check this man out! They met and 2 months later they got engaged. A year later they were married. They had 3 children, but unfortunately one of their son's died at only 12 days old from a heart valve problem. Their other son, Lance and daughter Melody each have 2 children. Kersey has done a lot of traveling. She and Mel owned a motor home so they traveled to Yellowstone, Grand Tetons, Canadian Rockies, San Diego, Disney Land, Disney World and Hawaii. She has also travelled to the Philippines on a medical mission with her daughter, her children, son-in-law and his family. She also traveled to Alaska on a land and ship tour. After Mel had a fall their children convinced them to move out of their home. So they moved in to Tradition almost 1 year ago.

**A warm WELCOME HOME to our
newest friends & neighbors
at Tradition**

Claire O'Keefe	#207
Althea Koch	#104
Karen Olson	#152
Sally De Santo	#344

**We would like to wish our neighbors
good luck!**

Marlys Gudim
Russell Magnuson
Ruth Quintus
Tom and Florence Lachner



New Leases:

Over the next few months, all residents will be required to sign new leases and addendums with Transforming Age. In addition, you will be signing paperwork like a new garage agreement, pet disclosure form, releases and you will be receiving a new Resident Handbook.

If you didn't fill out a Tenant Income Certification last fall you will be required to fill one out at the lease signing, it is now part of the lease. This certification is to identify what percentage of residents fall within the guidelines of 50% and less than the area median gross income. This meets the requirements of the bonds that Transforming Age used to finance the purchase of Tradition

Sarah will be contacting you to set up a time to do the lease signing. If you'd like a family member to be present you may do so.

Podiatry:

The podiatrist will be here Tuesday, May 8th. If you are already signed up, a door hanger will be put on your door about a week before. This door hanger will indicate what time you will be seen. If you'd like to see the podiatrist and haven't seen him before, see Sarah for intake form.

Happy May!

Cinco de Mayo is Saturday May 5th. Come to the dining room and enjoy a themed Mexican style meal. Please be sure to sign up.

Veterans Luncheon on Friday, May 11th at 12:30 in the Dining Room.

Mother's Day is Sunday May 13th. Dinner will be served at 12pm in the dining room. There will be a late meal delivery for those on the lunch plan to your home around 4:00pm. If you are not on the lunch plan and would like a late meal delivery, please be sure to sign up.

Rib Night is Friday May 18th. There will be one seating at 4:30pm. Please be sure to sign up in advance; seating is limited.

Memorial Day is Monday May 28th. Dinner will be served at 12pm in the dining room. There will be a late meal delivery for those on the lunch plan to you home around 4:00pm. If you are not on the lunch plan and would like a late meal delivery, please be sure to sign up. Thank you!



Here's to your health by: Jennifer Jarl RN DOHS

Did you know that being active and social actually can make you healthier? Socializing is important and gives a person a sense of belonging and acceptance. Isolating yourself can lead to depression but remaining engaged in activities helps us to remain interested, happier and more likely to LIVE LONGER than people who do not have an active social life. Aside from adding a few years to their life social people add new friendships, reduce stress, anxiety and depression while helping them to feel useful and engaged. Socializing also stimulates their mind. It takes an active mind to carry on a conversation, play cards and remember details that make friendships fun. It doesn't take long to have a conversation with your neighbor and by remaining social throughout our lives we can enrich each other while benefiting ourselves. Tradition has many fun activities for every style of participant, get involved, make a friend and be the change you want to see.

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763-416-7740, ext. 202
kuhlmanbarbara@traditionliving.org

Donna Ruch, Business Office
763-416-7740, ext. 209
ruchdonna@traditionliving.org

Sarah Carlson LSW, Resident Services
763-416-7740, Ext 203
carlsonsarah@traditionliving.org

Christine McCutchan, Activity Director
763-416-7740, Ext 201
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Jon Larson, Plant Director/Maintenance
763-416-7740, Ext 215
larsonjon@traditionliving.org

Brian Brantner, Executive Chef
763-416-7740, Ext 204
brantnerbrian@traditionliving.org

Jennifer Olson, Marketing
763-416-7740, Ext 210
olsonjennifer@traditionliving.org

Jennifer Jarl, RN Supervisor
763-416-7740, Ext 205
jarljennifer@traditionliving.org

Emergency numbers


After Hours Home Care
612-385-0693

After Hours Maintenance
612-499-3306

Erin Maciej, Interim Healthcare
651-703-8078

Patty, Tradition Hairstyles
651-829-5289

Happy Feet Foot Care
763-560-5136

 **We Wish You a Happy Birthday!!** 

Donna Jacobson	5/1
Toni Welliver	5/3
Shirley Eddy	5/4
Clem Leo	5/6
Ardella Brecke	5/9
Bev Hanson	5/12
Mary Dennis	5/13
Richard Brecke	5/15
Sharon Truwe	5/15
Sally Phelps	5/19
Mary Miller	5/20
Karen Rynders	5/23
Marion McAlpin	5/23
Jim Potter	5/25
Edna Ernst	5/25
Doug Smith	5/26
Melva Hall	5/27
Char Fauteck	5/29

Join us for the Monthly Birthday Party on May 4th. There will be Entertainment at 1:30 and cake and ice cream at 2:30.

In Loving Memory

We will deeply miss our dear friends:

Taffy

Blessed are those who mourn,
for they shall be comforted.
Matthew 5:4

